



## Continuum of Community

**Mattering**

**Marginalizing**

- |   |   |
|---|---|
| <ul style="list-style-type: none"> <li>◆ Included</li> <li>◆ Feel part of team or group</li> <li>◆ Work towards same goals</li> <li>◆ Counted on by others</li> <li>◆ Contributions are valued</li> </ul> | <ul style="list-style-type: none"> <li>◆ Excluded</li> <li>◆ Don't feel part of team or group</li> <li>◆ Not involved in working towards goals</li> <li>◆ Contributions not valued</li> <li>◆ Contributions not noticed (appear "invisible")</li> </ul> |
|---|---|

<b>My experiences</b>	
When I have mattered	When I was marginalized
<b>What cues did I receive?</b>	
Cues of Mattering	Cues of being Marginalized
<b>What feelings did I have?</b>	
Feelings	Feelings
<b>How did I respond due to those feelings?</b>	
Behavior	Behavior